

# How to Make Padded Hangers using Stockinette

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There are many methods for making padded hangers. One way to make a quick and inexpensive padded hanger is to use stockinette. Please note that you should be using cotton stockinette for this task. For the padding, you can use polyester or cotton batting because it will not be in direct contact with the textiles. I prefer to use 2" stockinette, but you can use 3" or 4" if that is what you have. Wider stockinette requires more padding because there is a lot of stretch. You will want wider padded hangers for heavier garments such as fur coats.

- 1- Take a piece of batting, wider than your hanger and long enough to wrap around it at least twice. If you use a wooden hanger, you may want to add some scraps of Ethafoam along the wood to prevent acid migration.
- 2- Poke the top of the hanger through the batting.



- 3- Wrap the remaining batting around the hanger, making a slit for it to pass the hook.



- 4- Take a tube of cotton stockinette that exceeds the length of the hanger (keep in mind it will stretch widthwise.) For this hanger, I would add 1-2” to either side. For a triangular hanger, I would start with a piece 2-4” longer on either side. This will depend on the height of your hanger, so try one and adjust.



- 5- Cut a VERY small hole in the center of the cotton stockinette for the hook to go through.

- 6- Pull the stockinette over the hanger and batting.
- 7- Fold the batting over the edges of the hanger.
- 8- Secure the ends of the stockinette with either knots or sewing. Sewing would be preferred. (If you choose to tie it, I would still recommend putting a couple of stitches through the knot. Please also note that if you do tie knots, those hangers should NOT be used on fragile textiles.)



Close the sides with small flat knots or sew. Avoid bulky knots shown on the bottom hanger.



Knot is bulky and could cause damage



Better-Flat/square knot



Best- sewn closed

Optional (but highly recommended): add a couple of stitches to the hole where the hook is in order to secure it and prevent it from unraveling over time.